



## **A Study of Depression among Male and Female Locomotor Disability Adolescents**

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### **Abstract**

**Aim:** The aim of the study was to observe depression among male and female locomotor disability adolescents. **Materials and Methods:** The present study was conducted on 100 subjects out of which 50 male and 50 female from Ludhiana district. To assess the depression among locomotor disability adolescents the Beck Depression Inventory BDI- II was used. **Results:** The mean scores of depressions of female ( $23.92 \pm 11.10$ ) locomotor disability adolescents were more than male ( $20.46 \pm 9.27$ ) but this difference was not statistically significant. **Conclusion:** It was concluded that gender does not contribute to the depression of locomotor disability adolescents.

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### **Introduction**

Depression is a common and serious health problem. About 12% of all men and 20% of all women are expected to have at least one significant episode of depression in their lifetime and 5% of the general population may be depressed at any given point in time. Studies have shown that symptoms of depression may be 2 to 10 times more common in individuals with disabilities or chronic illness and depression is one of the most common secondary conditions associated with disability and chronic illness (Kelly and Vogel 2013 ; Karla 2002). There are many symptoms of depression like feelings of sadness, loss of interest, sleep problems, changes in appetite, feeling of increased irritability, decreased energy, difficulties with concentration, feeling of excessive guilt, decreased interest in interacting with others, crying more often than usual, recurring thoughts of death or